Sustaining a Successful Alarm Management Program

AAMI Regional Meeting Chicago, September 2016

Kevin Smith, BSN, RN, CNML, CVRN-BC,
Director of Cardiac Services, NCH Healthcare System



NCH Healthcare System

Non-for-profit, multi-facility healthcare system in Naples, Florida





- 2 hospitals (716 beds)
- An alliance of 732 physicians, 213 mid-level providers, and medical facilities throughout Collier County and Southwest Florida
- Extensive inpatient and outpatient services
- 2015 System Statistics:
 - 39,883 total admissions
 - 98,317 ED visits
 - 3,422 births
 - 405 open heart surgeries
 - 11,803 surgical procedures
 - 4,200 on staff





Industry Recognition



















Increasing Regulatory Requirements on Alarm Management





Enhancing Workflow and Alarm Awareness through Technology





What Makes a Successful Alarm Management Environment?

Education



Culture



Meaningful Data





Enhancing Workflow and Alarm Awareness through Technology

NCH is a Cerner Partner





Using Data to Drive Decisions

- Began with sending every telemetry alert to the phones staff voiced their frustrations we actually multiplied their alarm fatigue
- Using the i-command system we found that high HR and low HR alarms from the GE system was triggering the tachy and brady alerts to be sent to the phones
- Turned off high HR and low HR as it was a duplicate alarm from the GE logic and bombarding the secondary alerting system
- Three days later and a lot of discussion with staff we turned off the tachy and brady alarms
- Working with staff, our alert link is now sending critical alerts (pause, VT, Vfib, asystole) and leads off



We Evaluated Near-Real-Time Unit Views

The set of	III IE and	-	100	a market
OF COLUMN		emt		

TOTAL EVEN														
	September 2, 2014	September 3, 2014	September 4, 2014	September 5, 2014	September 6, 2014	September 7, 2014	September 8, 2014	September 9, 2014	September 10, 2014	Saptember 11, 2014	September 12, 2014	September 13, 2014	September 14, 2014	September 15, 2014
4112	- 5	44	1	23	12	-8	5	5				1		
4113	-	9		2	8	-8		3	2	- 6	1	- 1	36	
4114	- 1	4		- 1				21	1	- 1	12	20		
4116		3					1	1	3	5	404	113		
4118						2	3		1	3	57	75	262	
4117							-1	3	1	11	1			
4118	203								11	46	3	2:		1
4121						38	165		13	11			22	1
4122	4	3-	2									20	182	9
4123						1	15	14	33	4	2			1
4124		56	9				1	1	65	9			1	
4126	7	2		287	-	. 9	1.20							2:
4128	14	15		3	5	-4	- 4	3		-4	3			
4127	45	19	5/	3	2	- 6	2		4	2	2		1	- 1
4128	7	137	115	2		149	1,441	706	391	1	1			
4129				448	1,211	661	1112	1	1		1	2	- 6	
4131														
4132				-1				4	21	23	8		3	2
4133														4
4134	1			3				3	10	20	21		19	8
4136					-4	- 1	- 5	- 6	3	7			27	1
4137		11		23	21	37	8	34	35	14	2	55	17	
4138	27	330	97	98	15	3		1	1	2		3		- 2



What Can Data Do For You?

- Hospital campus
- Defined time frame
- Particular Unit
- Bed assignment
- Track telemetry pack assignment
- Hourly analysis
- On the spot staff education
- Endless possibilities a new data frontier





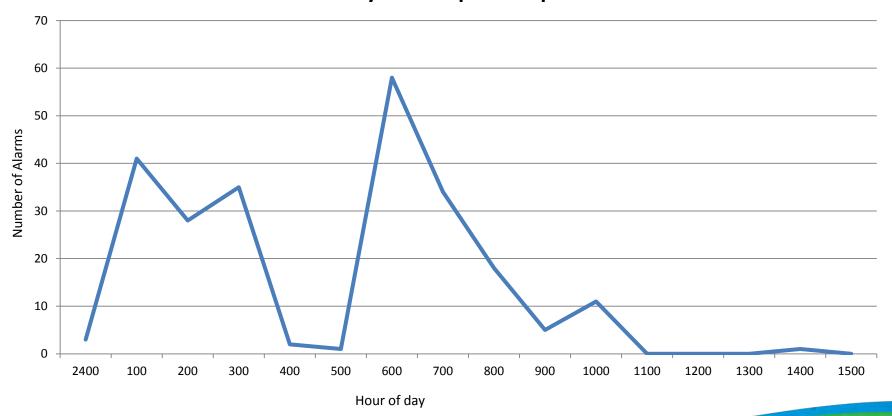
March 2015 – Evaluated The Shift Report

Date										08	/06/20	15															
Hour	18	19	20	21	22	23	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	Sum	
Event Type																											
HEART_RATE_HIGH	26	20	46	2	-				6	-	3	4	4	-	13	10	-	-	-	1	6	8	-	3	30	182	4
NO_TELEM		-	-	-	3	-	-	Ę.		-	+		-	-	-		-	4	-	-	-	-	3	19	6	31	
PVC_HI	-	-	-	-	-	-	-			-	2	2	3	4	12	14	-	-	-	3	6	-	1	1	5	51	1
SILENCE	-	- 21	1	-	2	œ,	-	-	-	-	-	4		-	3	1	-	-	-	-	-	-	1	1	2	11	
TACHY	25	-	43		-		1	-	2	+	2	5	5		16	13	-	-	-	1	6	9	-	2	27	157	
UNSILENCE	1	12.7	1	2.	2	4	1/2/	-	-		-	-	-	o‡c	3	1	-	-	J.	4.	2	-	1	1	2	12	
V_TACH	-	-	-	-	-	-	-	-	+	-	-		-	-	-	-	-	-	-	-	-	-	-	-	1	1	
VT_HIGH	-	¥	-			*	-			>=3	7		-	-	-	-	+	> -<			¥			-	1	1	
ACCELERATED_VENT	Ę.	1	-			-	-		*		-		-	-	-	-	-	-	-	-	-	1	-		+	2	
HEART_RATE_HIGH	•	-	55	170	103	57	7	23	20	33	29	31	29	32	55	13	33	117	135	149	73	13	2	10	19	1,208	2
NO_TELEM	-		1			-				-	-	3		-			1		-	-			-	13	9	27	
PVC_HI	-	3	72	236	137	95	34	57	67	76	76	79	105	59	96	51	72	231	253	246	140	57	35	47	47	2,371	4
SILENCE	-	-	٠	6	1.	-	-		-	-	12		4	1	5	1	1	1	1	1	2	1	3	1	4	45	
			59	180	120	70	15	47	50	50	81	77	67	42	71	27	64	187	192	198	105	19	4	23	34	1,782	3



Patient Specific Monitor Settings and Data

Tachy Alarms per one patient





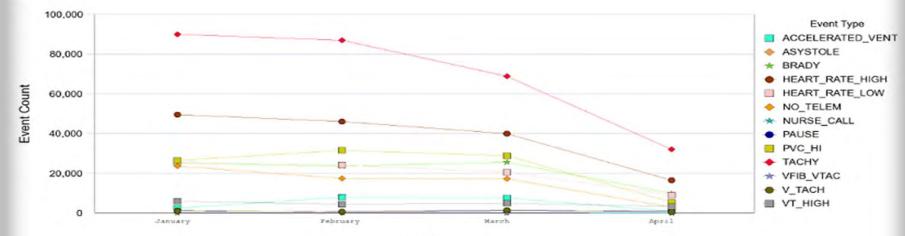
Shift Report Utilized By Frontline Staff

	Date									07/26	/2015									20		07	//27/20	15		71		
	Hour	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	00	01	02	03	04	05	06	Sum	%
oom	Event Type																											
4123	BRADY	-	-	-	-	-	15	-	-	-	-	-	-	- 1	-	-	-	-		-	-	-	-	-	8	-	8	26.
	HEART_RATE_LOW	-	-	-	-	-	-	-	-	-	-	-	1 2	-	-	-	-	-	-	1-	-	-	-	-	11	-	11	36.
	NO_TELEM	-	-	-	4	-	-	-	-	-	6	-	-		2	-	-	-	-	-	75	-					8	26.
	NURSE_CALL	1-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	3.
	SILENCE	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	120	-	-	-	1	3.
	UNSILENCE	-	-	-	2	1-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	1	3.
4124	HEART_RATE_HIGH	1	1.	-	-	-	-		-	- 2	-	-	-	4	-	-	-	-	-				-	1-	. (*	-	1	7.
	NO_TELEM	-	-		-	15	4	-	-	-	-	-			-	-	-	-	-	1	-	-	-	3	-	-	7	53.
	SILENCE	-	-	-	-	14	-	-	-	100	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	1	7.
	TACHY	-		-	-	-	-	-	-	-	-	-	-	1	-	-	-	+	-	-	-	-	-	-	-	-	1	7.
	UNSILENCE	-	4	-	-	-	-	-	-	1	1,20	3	-	4		-	-	-	-	-	14	-	-	1	-	-	1	7.
	VT_HIGH	1	-	*	-	-	-		-	-	1	-	12	-21	*	-	-	12	-	15	-	-	15	-	-	-	2	15.
125	NO_TELEM	-			- 1	-	-		19.1	-					-	-	-	-			\-	1	-				1	12
	SILENCE	2			-	-		- 1	2	1/4	×	~	-	-		-		-		-	4	1		-	-	-	1	12
	TACHY	-		-	-	-	1	-	-	-	-	-	-	÷	-	-		+	=/	-	1		1	14.	-	-	2	
	V_TACH	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	-	1	-	-	-	-	-	-	-	1	12
	VT HIGH	-	-	-	-	-	-	1	-	-	_	-	-	1	1	-	2	2	-	-	120	1	- 2	12.	-	-	3	3





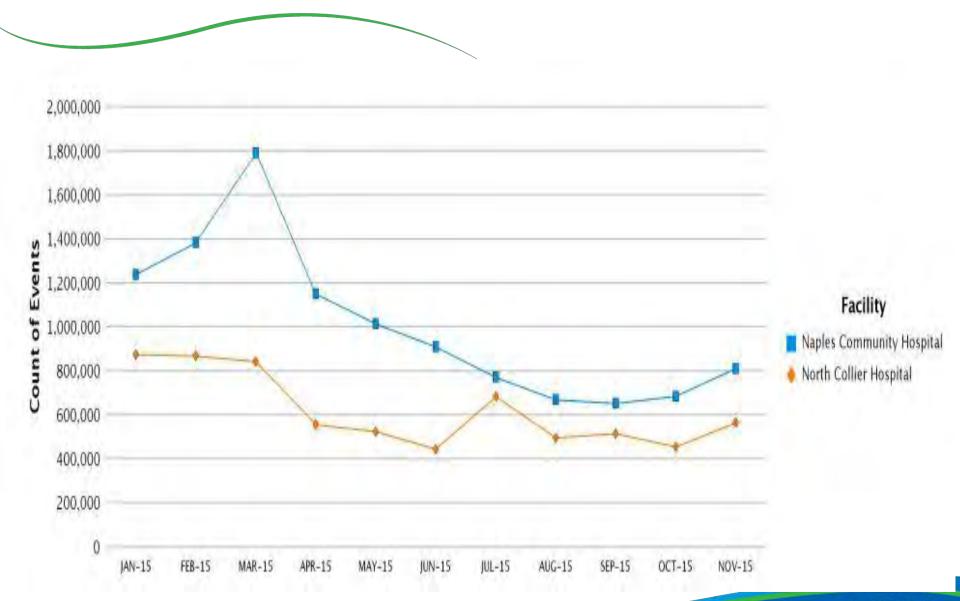
M/S 4 East



Month

	January	February	March	April
ACCELERATED_VENT	2,494	8,023	7,633	983
ASYSTOLE	334	256	363	350
BRADY	25,159	23,590	25,557	9,982
HEART_RATE_HIGH	49,531	46,118	39,933	16,606
HEART_RATE_LOW	25,665	24,238	20,539	9,037
NO_TELEM	23,708	17,425	17,280	2,998
NURSE_CALL	157	120	125	112
PAUSE	1,221	584	1,263	1,021
PVC_HI	26,453	31,599	28,896	5,547
TACHY	90,038	86,994	68,926	32,059
VFIB_VTAC	44	79	32	25
V_TACH	1,108	771	1,463	765

Trends Over Time





Data And Our Future

Scenario	Goal	Action	Tell me if rule	Who is to be notified
Tachycardia	Controlled HR	Initiate Cardizem	1-HR sustains increase of >15 beats over 60 minutes 2-HR sustains <80 over 30 minutes 3-HR<50 3-SBP<90	1-Primary RN 2-Secondary RN
Rule out CP	Cardiac Monitoring	Monitor rhythm changes	1-ST change of 1.5mm either direction 2-HR increases 25 beats >baseline 3- + Troponin results	1-Primary RN 2-Secondary RN
Tachycardia (SVT)	Controlled HR	Initiate Amiodarone	1- HR sustains <80 over 30 minutes 2-24 hours after drip started	1-Primary RN 2-Secondary RN 3-MD for post 24 hour
Starting Dofetilide dosing	Safe administration	Initiate Dofetilide	1-QTc>500	1-Primary RN2-Secondary RN3-MD for post 24 hour
Hypoxia	SPO2>90%	O2 Therapy	1-SPO2<90%	1-Primary RN 2-Secondary RN



Driving Clinical Improvement

CY 2013



CY 2014

Mortality Rate (with Exclusions)

Details > 0.0

1.63%

1.42%

453 / 27802 cases

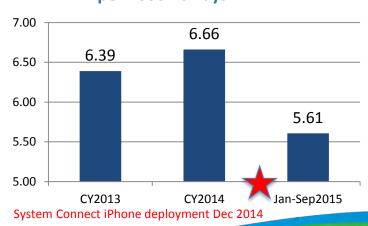
Data: Top Quartile |... G, Mortality, Hospital-type

CY 2015





Rapid Response Team Rate per 1000 Pt Days





The best way to inspire resilience in any organization is to give the problem to a nurse!







Kevin Smith, BSN, RN, CNML, CVRN-BC Director of Cardiac Services- NCH Healthcare System <u>kevin.smith@nchmd.org</u> 239-624-4605



